

# 2018-2019 City of Newburyport Environmental Health Information Guide

Recycling, Hazardous Waste, Environmental Safety,  
Public Health, Animal Control

The Newburyport Health Department has designed this guide to provide you with important information from the City on health and environmental services pertaining to solid waste, recycling, environmental safety, animal control and public health. Please refer to this guide and the city's website [cityofnewburyport.com](http://cityofnewburyport.com) Health Department and/or Recycling, Energy and Sustainability for specific information, collection dates and fees.

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## Recycling and Trash Collection For Residents & Businesses with Municipal Trash Collection

Trash is collected once a week. Recyclables are picked up every other week. Holidays which cause one-day delays in 2018-2019 are Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas and New Year's Day. (See pages 8-9 for street listings and schedule.)

Residents are required to separate recyclable material from trash. (On City website, search for "Ordinances," then see Health and

Sanitation Ordinance, Chapter 8, Article III, Division 1.) The materials which must be recycled are cardboard, paper, glass bottles and jars, metal cans and aluminum foil/foil pans, and plastics with recycle numbers 1 through 7. (Sec. 8-93 Enforcement & Penalties. Failure to comply with recycling ordinance carries a \$100 fine.)

Every household received one 64-gallon recycling cart. It is green with a black lid (see photo). **Please label it with your address.** The

carts belong to the house and **must be left at the house in the event of a move.** If the cart is missing, residents may use any barrel which is clearly marked "Recycle." The City Health Department can provide you with such labels.

Please remember to **place the recycle carts three feet from other objects, with the wheels toward the house.**

## Recycling Carts



**No Plastic bags of any type in the recycling barrel.** Please recycle plastic bags at the grocery store.

Additional recycling may be placed in bins clearly marked RECYCLING. Free recycling stickers may be picked up at City Hall.

## Trash Reminders

- Bulky items like furniture and carpet (cut in 4-foot sections) must have a bulk sticker attached. Bulk stickers can be purchased at Health Dept. in City Hall for \$5 per item, one item out per week. No large appliances or metal items allowed. Fees subject to change.
- Mattresses and box springs have options! Nearly new ones can be given away via Newburyport Virtual Yard Sale, FreeCycle, etc., or Salvation Army (781-231-0803, ext. 1). Any dry mattress or box spring can be picked up for recycling for \$10. See schedule and sign up easily at <http://utec-mattress.org/schedule/>. Or, you may drop it off for recycling (\$10) at the Colby Farm Lane Recycling Center. Call 978-499-0413 to arrange a time. Residents may also buy a \$15 bulk sticker in order for the item to be picked up as trash.
- Construction materials (including toilets and sinks) are not allowed in the trash and must be taken to a disposal site.
- To dispose of Latex Paint: dry it out, set up to 4 paint cans next to your trash, put the lids on loosely. Use kitty litter for fast drying.
- Trash is limited to 5 bags or 3 (35 gal) barrels per household each week. Barrels 64 gallons and larger will not be picked up.
- Do not overfill your barrel and clean up after your pick up.
- Put trash out after 5 pm and before 7 am. Bring empty barrels back in by 6 pm (Sec. 8-83)
- Only one bulk item per week.

## MISSED PICK UP?

For Trash or Recycling, call G. Mello Disposal at 978-352-8581  
or email [newburyport@mellodisposal.com](mailto:newburyport@mellodisposal.com)  
For Food Waste, call Black Earth Compost at 978-290-4610 x4

## Curbside Recycling Reminders

- **Recycling is mandatory** and will be enforced.
- **Recycling is single stream**; place all recyclables in one container. Set recycling carts and trash out by 7:00 am on collection day.
- **No plastic bags of any kind in recycling carts**, even if they have a recycle number. The place to recycle plastic bags is in a supermarket's specially marked bin.
- **Large cardboard** can be recycled. It must be bundled, tied and left next to your container. Waxed cardboard is okay to recycle.
- **No textiles** (i.e. fabric, clothing) in recycling carts. Take to EcoSmith bin (see page 4).
- **Containers must be rinsed or wiped out**, but do not have to be completely clean.
- **No clothes hangers** in recycle carts. Wire hangers may be taken to dry cleaners.
- **No electronics, batteries, cell phones, oil, oil-based paint, fluorescent bulbs (including CFLs), appliances (large or small), plastic bags or Styrofoam in recycling carts.** These items can be recycled at the Recycling Center (see p. 3 for hours).
- **Glass bottles/jars** must be clear, green, or brown in a curbside recycling bin. No broken glass or other glass such as light bulbs, window or auto glass, dishes, glasses or Pyrex. (see p. 4)
- **Metal items** other than food cans may not go in curbside carts. Other metal (e.g. pots and pans, grills) may be taken to the Recycle Center (see p. 3).
- **Plastic containers** which have recycle symbols 1- 7 are allowed. No un-numbered plastics. Leave plastic caps/lids on plastic bottles.
- **No Styrofoam, even if labeled "recyclable."** Put in trash or take to Colby Farm Lane Recycling Center (see p. 3).
- **Paper**- Recycle all your clean paper! "If it rips, recycle it."
- **Styrofoam peanuts** can go to Pak Mail.
- **Tin, steel, and aluminum:** Food cans and lids, deposit and non-deposit beverage cans (can be flattened), clean aluminum foil and foil pans, and empty aerosol cans. No cans which contained hazardous material or paint.
- **You may use an overflow barrel** if clearly marked and placed close to recycling cart.

Check out Facebook pages like Newburyport Virtual Yard Sale and Newburyport Curb Alert or sign up for Freecycle for alternative methods to share/recycle/sell items.

For full list, visit the Recyclopedia on the city website: [www.cityofnewburyport.com](http://www.cityofnewburyport.com) and click on Recycling, Energy and Sustainability, under Departments.



# RECYCLE

[CityOfNewburyport.com/RecycleRight](http://CityOfNewburyport.com/RecycleRight)

## THANK YOU FOR RECYCLING THESE:



**Cans**



**Aluminum and Steel Cans**

empty and rinse



**Cartons**



**Food and Beverage Cartons**

empty and replace cap



**Glass**



**Bottles and Jars**

empty and rinse



**Paper**



**Mixed Paper, Newspaper, Magazines, and Clean Flattened Cardboard**



**Plastic**



**Kitchen, Laundry, Bath: Bottles and Containers**

empty and replace cap

**NO!**



Do Not Bag Recyclables  
No Garbage



No Plastic Bags  
or Wrap  
(return to retail)



No Food or Liquid  
(empty all containers)



No Clothing or Textiles  
(use donation programs)



No Tangles  
(no hoses, wires,  
chains, VCR tapes, or  
electronics)

# Colby Farm Lane Drop Off Centers & Special Pick Up Information

## Colby Farm Lane Recycling Center

First Saturday of Each Month\*\* 8 am - 12 pm

Call for additional hours

Location: Colby Farm Lane, Off Low St. (formerly Crow Lane)

\*Some items subject to a small fee. Fees subject to change.  
No chemicals. Call 978-499-0413 for help.

Exceptions to monthly recycling dates:

No recycling day in September due to Household

Hazardous Waste Day. October will be Saturday, October 13.

Air conditioners	Electric Cords	Monitors
Antifreeze	Electronics	Oil (vegetable & motor)
Appliances (large & small)	Fluorescent Bulbs	Oil Paint
Batteries (rechargeable)	Gas grills/tanks	Propane tanks
Bikes	Gutters	Refrigerators
Cardboard	Helium Tanks	Smoke alarms
Cell Phones	Ink Cartridges	Stoves
Computers	Lawn Mowers	Styrofoam
Dehumidifiers	Mercury Items	Televisions
Dishwashers	Metal Items	Tires
Dryers	Microwaves	Washers
		Water Heaters

## Colby Farm Lane Yard Waste Facility

Open from the second Tuesday in April through the first Saturday in December (weather permitting)

Tuesday through Saturday, 7:30 am-2:30 pm

\*Subject to change

- Residents may bring leaves, plants, brush, and tree limbs up to 12" in diameter.
- NO wood, plastic bags, or plastic containers.
- Grass clippings are recommended to stay on lawns and discouraged at the Yard Waste Facility.
- Please separate branches and brush from leaves and garden debris.
- Backyard compost bins and rain barrels for sale at City Hall and Yard Waste Facility.
- Yearly vehicle sticker required. **Purchase at the Yard Waste Facility.** Bring proof of residency.

## Household Hazardous Waste Day

Saturday, September 22, 2018

Dept. of Public Service

16a Perry Way

8 am – 12 pm

Bring the following items:

Hazardous Household Chemicals (see City website for specifics)

Chlorine bleach	Flammable liquids
Gasoline	Insecticides
Oil-based paint	Solvents

You may also bring the items listed under "Colby Farm Lane Recycling Center."

Please sort items by type before arrival.

Proof of residency is required. Fees apply for most materials.

For HHW events in other towns – call 978-465-4410.

For more information call our Recycling & Sustainability Department at 978-499-0413.

## Bagged Leaves & Christmas Trees

Leaves and trees must be curbside by 6 am

- Bagged leaf collections will take place on the following Saturdays: **Nov. 3, Nov. 17, Dec. 8 (2018) and April 27, May 11 (2019).**
- Place leaves in **brown leaf bags** or loose in a marked barrel. Please fold bags over at the top.
- Leaves will be going to a farm for composting so please keep trash out of the leaf bags.
- **Christmas tree collections** will take place during the month of January only.
- **Trees** over 6 feet must be cut down in size.
- **Trash pick up** may be delayed during Christmas Tree weeks.
- **Wreaths:** Bring to Colby Farm Lane Yard Waste Facility or Recycle Center.

## Paper Shredding Days

First box free, \$5 per each additional

September 22, 2018

DPS, 16A Perry Way

## Directions to Colby Farm Lane

(formerly Crow Lane)

Travel west on Low Street and proceed past Nock /Molin Middle School. Colby Farm Lane is one mile on the left after the school at the North Atkinson Street intersection. The Center is on the left after the farm.



## Hard to Dispose of Items and Where to Bring Them

\*Colby Farm Lane Recycling Center is open the first Saturday of every month, 8 am to 12 pm.  
Call for additional weekday hours. 978-499-0413 \*Fees subject to change.

- **Air conditioners, refrigerators, and dehumidifiers** contain Freon. For pick-up call refrigeration company like Foucault Appliance for removal 978-372-6117 or bring to Recycling Center. Fee applies.\*
- **Antifreeze** - Bring to Recycling Center, no fee. \*
- **Appliances** - Bring to scrap metal dealer or to Recycling Center. Fee applies.\*
- **Asphalt, brick, concrete, or clean fill** - Miles River, 978-356-2290 or Kaknes Landscaping 978-462-5348
- **Automotive Fluids** – Some (motor oil, brake fluid, hydraulic oil, transmission fluid and antifreeze) can be brought for recycling to Colby Farm Recycling Center\* Others, especially flammable liquids, will be accepted on Household Hazardous Waste Days (see p. 3).
- **Batteries**: Bring to City Hall Health Dept., or to Recycling Center\*.
- **Bicycles**: Bring to Recycling Center\*.
- **Books** - Donate to local libraries for book sales, or offer to Jabberwocky Bookstore for credit. If books are not accepted, drop in Recycle That containers at Kent Street park or Recycling Center\*.
- **Cardboard** - Bring large amounts to Recycling Center. Flatten and bind small amounts and put curbside.
- **Carpets and rugs** - Put out on trash day with bulk sticker that can be purchased for \$5 each at City Hall in Health Department. Please cut or roll and tie into 4-foot sections. No more than four rolls per sticker. Only one item per week.
- **Cell phones and ink jet cartridges** – Bring to Health Department in City Hall or to Recycling Center.\*
- **Clothing/Textiles** - See textiles below.
- **Computers, monitors, laptops, keyboards, mice, chargers, cords** – Recycling Center\*. Fees for computers/monitors.
- **Confidential Material** – Save for next shredding day: Saturday, September 22, 2018 (16A Perry Way) .
- **Construction material, toilets and non-metal sinks and doors** - Call disposal company like G. Mello Disposal, 978-352-8581.
- **Cooking Grease & Oil** – Never put grease or oil down the drain. Bring used oil to the Recycling Center. Cool or freeze grease in a waxed container and throw it away in your trash.
- **Electronics** - Bring to Recycling Center. Fee applies for larger items.\*
- **Fluorescent light bulbs** – Bring to Recycling Center.\*
- **Foam Plastics** – #6 (Styrofoam,) white only. #4 “squishy” foam packaging (LDPE), any color. Bring to Recycling Center.\*
- **Furniture (non-metal)** - Put out on trash day with bulk sticker that can be purchased downstairs at City Hall. For alternatives see bottom of pg 2.
- **Gas grills** - Remove propane tank and briquettes/rocks bring to scrap metal dealer or Recycling Center first Saturday of every month.
- **Glass** - Jars and bottles go in curbside recycling. Incandescent bulbs go in the trash. Fluorescent bulbs to Recycling Center\*. Windows, see below. Wrap broken glass for the trash. Offer glasses, Pyrex, and dishes for re-use. See bottom of page 2.
- **Grease/Oil** - Never put down the drain. Bring to Recycling Center or cool and put in your trash.
- **Gutters** - Aluminum gutters may be brought to scrap metal dealer or brought to Recycling Center.\* Wood gutters may be brought to disposal company like G. Mello Disposal, 978-352-8581.
- **Helium Tanks** - Bring to Recycling Center. Fees may apply.\*
- **Latex paints** - Dry out paint completely and throw in trash with top on loosely. Use kitty litter for fast drying. Only four cans per week.
- **Lumber** - Call disposal company like G. Mello Disposal, 978-352-8581.
- **Mattress and boxspring** - Call Recycling Department for a bulk sticker for \$15 or for info on donating/recycling, call 978-499-0413
- **Medical Syringes/Lancets** - Must be disposed of properly. See page 7.
- **Mercury products**- such as thermostats & thermometers, blood pressure cuffs, barometers - Bring to Recycling Center.\*
- **Metal Goods** – Appliances, bikes, water heaters, etc. go to scrap metal dealer or Recycling Center\*. Fees may apply.
- **Microwaves** - Bring to Recycling Center. Small fee applies.\*
- **Motor oil (used)** - Bring to Recycling Center, no fee.\*
- **Needles/Syringes/Lancets**: Must be disposed of properly. See page 7.
- **Oil-based paint** - Bring to one of Household Hazardous Waste Days (see p. 3). Fee applies.
- **Plastic Bags** - All plastic bags must be recycled at supermarkets.
- **Plastic trash cans, plastic outdoor play equipment, plastic laundry baskets.** Bring to Recycling Center.\*
- **Propane tanks** – Bring to Recycling Center. Fee applies.\*
- **Recyclables** - Large quantities of recyclable containers and newspapers may be brought to G. Mello Disposal, 978-352-8581.
- **Smoke Detectors** – Bring to City Hall Health Department or Recycling Center\*.
- **Solvents, chemicals, pesticides, etc** - Bring to next Household Hazardous Waste Day (see page 3) Fees apply.
- **Styrofoam**– WHITE packing forms only. Please remove stickers/tape. No food containers. Bring to the Recycling Center.\*
- **Styrofoam peanuts** - Bring to Pak Mail, 25 Storey Ave, Nbpt. Must be clean and bagged.
- **Televisions** – working flatscreen TVs that were made within the last five years can be donated to Goodwill in Seabrook. Best Buy accepts some TVs (call to verify). Any TV can be dropped off at the Recycling Center\*. Fees from \$5-\$30 (subject to change)
- **Textiles** - Old clothing, shoes, blankets, pillows, stuffed animal etc. leave in white recycling bins at Nock/Molin School or Bresnahan School parking Lot or Yard Waste Facility. Items in good condition will be reused. Others will be recycled.
- **Tires** – Bring to Recycling Center. \$3 fee per tire.\*
- **Toxic/Hazardous Chemicals** - Bring to one of Household Hazardous Waste Day on Sept. 22, 2018 – see p. 3. Fees apply.
- **Windows** - Disposal company like G. Mello Disposal, 978-352-8581.
- **Wooden items** - Large wooden items (other than furniture with bulk stickers from the Recycling Department) will not be accepted at the curb. Call a disposal company like G. Mello Disposal, 978-352-8581.

**Directions to G. Mello Disposal Transfer Station, 978-352-8581, [www.mellodisposal.com](http://www.mellodisposal.com)**

**Rt. 95 South to Rte 133 Georgetown exit. Go right off exit into Georgetown. Drive approximately 1 mile . The entrance will be on your left.**

# Burning

The season for open burning is from January 15 to May 1 from 10 am to 4 pm. Property owners must obtain a valid permit from the fire department (978-465-4427) before conducting any open burning. Permits allow the burning of brush, cane, driftwood, and forest debris but prohibit the burning of grass, hay, leaves and tires.

Burning must be conducted on land near the location of the materials to be burned, and at least 75 feet from a dwelling. Those conducting open burns

are encouraged to keep fire suppression tools handy and monitor the burn closely until it is dead out. For more information on open burning regulations and permitting, go to [www.mass.gov/dcr](http://www.mass.gov/dcr) and click on conservation then forest fire control.



## Excluding Your Property from Application of Pesticides



Residents who wish to have their property excluded from pesticide application for mosquito control must submit an Exclusion Request Form to the Department of Agricultural Resources. The form is available at: [www.mass.gov/how-to/exclusion-from-wide-area-pesticides-application](http://www.mass.gov/how-to/exclusion-from-wide-area-pesticides-application) and on the Health Department website under "Forms available for Download." Exclusions go into effect 14 days after receipt of the request. Exclusions expire on December 31 of the year in which the request was made.

## NO GREASE

POURING FOOD, OILS, AND GREASE DOWN THE DRAIN IS DESTRUCTIVE AND COSTLY!

Beware the F.O.G.

Prevent the CLOG



### Don't Be a Grease Beast!

Fats, Oils and Grease (FOG) are a major cause of sewer back up in the City that you can help prevent.

Never pour grease or other household oils down sinks or toilets! Pour cooled cooking fats, oils and grease into a waxed food container such as a milk carton or coffee container with a lid and dispose of it in the garbage. You may also bring grease and oil to the Recycle Center on the first Saturday of each month from 8 am – 12 pm. (See page 3)

## Environmental Safety

In an environmental emergency, such as a chemical spill, immediately contact the fire department at 978-465-4427 and call Mass. Department of Environmental Protection (DEP) 24-hour emergency response section at 1-888-304-1133. To report an environmental health issue that is placing people's health or natural resources at risk, contact the Newburyport Health Department at 978-465-4410.

## Organic Food Waste

Reduce your trash by up to 40 percent by composting. There are two options in Newburyport.

1. Purchase a discounted composter (see below)
2. Subscriber to Black Earth Compost. Call 978-290-4610 or visit [blackearthcompost.com](http://blackearthcompost.com)



### Purchase a Discounted Composter

The City of Newburyport sells backyard composters, known as the Earth Machine, designed to compost food and yard waste. It will provide an all-natural nutrient-rich supplement for gardens or lawns. The 80-gallon bins are sold from the Recycling Office for \$25 for residents, and \$43 for non-residents.



### Recycle Clothing & Textiles

Clothing and textiles placed in EcoSmith bins get re-used or recycled. Stains and rips are OK. Bins are at Bresnahan School (North Atkinson St. entrance) and Nock/Molin Schools (Low St. parking lot), and at Yard Waste Facility.

# Animal Control Services, 978-465-4410

The Animal Control Officer (ACO) is responsible for ensuring compliance and enforcement of the Massachusetts State Sanitary Code 330 CMR 10.00 “Prevention of the Spread of Rabies”, The Massachusetts Department of Agricultural Resources-Animal Health, Commonwealth of Massachusetts General Law Chapter 129 and the City of Newburyport leash law and proper disposal of animal waste. The ACO is also an Animal Inspector responsible for investigating animal bites and working with local veterinarians to determine an appropriate quarantine procedure to monitor or rule out any possible exposure to the rabies virus.

**Dog Licenses:** All dogs six months of age or older must be licensed with the City through the City Clerk’s Office by April 1 each year (after June 1, late fees will apply.) Proof of current rabies vaccination is required for licensing. License tags must be worn on a collar at all times.

**License Fees:** Neutered/Spayed Dogs: \$10; Reproductively Intact Dogs: \$15.

Fee is waived for Senior Citizens age 65 and over; and for individuals who are blind, deaf or mobility impaired

**Lost & Found Pets:** To report a lost or found pet, call the ACO at 978-465-4410 . On nights and weekends, contact the Police Department at 978-462-4411. Residents may wish to post notice on Facebook at: <https://www.facebook.com/NBPTAreaLostandFoundPets>.

**Leash Law Section 3-26:** No person shall own or keep in the City, outside the confines of the owner’s or keeper’s property, any dog which is not held firmly on a leash. Failure to comply with subsection (a) shall be punishable by the following schedule of fines: First offense \$50.00 Second offense \$75.00 Third offense \$100.00

**Dogs On Beaches:** The owner or person in control of a dog or any other animal shall not allow it to be on any part of the public beach between May 15 and September 15 of each year. From September 16 through May 14 dogs are allowed on beach; however, they must be held firmly on a leash at all times.

**Pet Waste Disposal:** Pet waste should be contained in a sealed bag and disposed of in small amounts with household trash. The City provides dog waste receptacles and bag dispensers at various locations throughout the City. (See map.) Dog waste must **never** be thrown in someone else’s trash or in Recycle Containers or Solar Big Bellies.

*Disposal of Animal Waste: Section 3-2: All persons owning or in custody of an animal will be responsible for removal and disposal of that animal’s waste. The fine for violation of this provision for the first offense shall be \$50.; for second offense \$75.; third subsequent offenses \$100.*



**Legend**

- Park
- Clipper City Rail Trail
- Dog Waste Dispenser
- 1 Moseley Woods
- 2 Cashman Park
- 3 Bartlet Mall
- 4 Joppa Park
- 5 Plum Island Beach

Off Leash Areas	Exclusions and Restrictions	Off Leash Hours	Seasonal Restrictions
<b>Cashman Park</b>	Excluding: playground, basketball court, tennis court, base-ball field & soccer field and walkways	7:30 a.m.—9:00 a.m. & 4:00 p.m.-7:00 p.m.	Year round
<b>Moseley Woods</b>	Excluding: playground, pavilion & picnic areas	Dawn till Dusk	Year round
<b>March's Hill</b>	Excluding: basketball court	Dawn till Dusk	No off leash dogs allowed when people are sledding



## Public Health, 978-465-4410

The Public Health Department provides health education, disease surveillance and investigation, health screenings, referrals and immunization clinics for the Newburyport community.

**City Wide Flu Clinics** are offered by the Health Department each year. Dates, times and locations of Clinics are published in the newspaper, City Website and on Cable News. Flu vaccines are also available at the Health Department by appointment.

**Blood Pressure Checks:** The Public Health Nurse is available by appointment to perform blood pressure checks in the Health Department Office, at no charge.

**CPR and First Aid Training:** American Heart Association CPR and First Aid Training classes for adults and youth (ages 14—17) are taught by the Public Health Nurse at various times throughout the year. Class schedules, fees and registration forms can be found in the Youth Services brochure and on the City website.

**Disease Investigation and Surveillance:** The Health Department investigates and follows up on a list of infectious diseases. Collaborating with the Massachusetts Department of Public Health and health care providers, the Public Health Nurse assists with enforcement of state isolation and quarantine regulations.

**Substance Abuse Services:** Contact the Mass Substance Abuse Information and Education Helpline at 1-800-327-5050 or at [www.helpline-online.com](http://www.helpline-online.com) for free and confidential information and referrals for alcohol and other drug abuse problems and related concerns. Counseling and treatment options for substance abuse are also posted on the City Website.

Help protect young people by safeguarding your prescription medications with 3 easy steps

1. **MONITOR :** Keep track of the amounts of your prescriptions, control your kids' medicines and encourage your friends and relatives, especially grandparents, to monitor and secure their own.
2. **SECURE YOUR MEDICINE:** Keep prescription medicine secure, preferably locked, in a place that your kids and visitors to your home will not easily find.
3. **DISPOSE OF YOUR UNUSED MEDICATION PROPERLY:**

**Prescription Tablets and Capsules:** Medications can be disposed of 24 hours a day at the Newburyport Police Department, 60 Green Street. Over the counter medications can be disposed of with your household trash.

**Syringes:** Massachusetts General Law prohibits the disposal of "sharps" such as hypodermic needles, syringes and lancets in the trash. These items may be disposed of in the Sharps Collection kiosk at the Health Department at City Hall and at the Fire Station at 4 Greenleaf Street (available 24 hours a day.) Sharps must be placed in rigid plastic containers, such as laundry detergent bottles.

**To dispose of liquid medication:** 1. Mix the medication with an undesirable substance, such as coffee grounds or kitty litter. 2. Place the mixture in a sealable bag. 3. Dispose of it with your trash.



## North Shore Mother Visiting Partnership

The City of Newburyport is so pleased to welcome the newest member of your family to the Newburyport community! Newburyport residents are invited you to receive a free one time visit from the Public Health Nurse. The nurse will visit a mother or caregiver, ideally within 12 weeks (but up to one year) of giving birth or adopting a baby, regardless of the mother's age, insurance, income or number of children. The visit will last approximately 1 ½ hours and will take place in the mother's home or at a mutually agreed upon location. The visit includes a weight check for baby, breastfeeding & newborn care support, local resource guide and infant CPR/Choke saving demonstration. Caregivers will also receive a Baby Box filled with gifts for mom and baby. All services provided by the Public Health Nurse are free and confidential. To sign up for a home visit, contact Pam Palombo, RN at 978-465-4410 x3



LOCK UP YOUR MEDS™

Newburyport Health Department  
PO Box 550, City Hall  
60 Pleasant Street, lower level  
Newburyport, MA 01950

PRSR STD  
US POSTAGE  
PAID

**2018-2019  
Newburyport  
Recycling & Trash  
Collection and  
Public Health  
Information**

RESIDENT

Newburyport, MA 01950



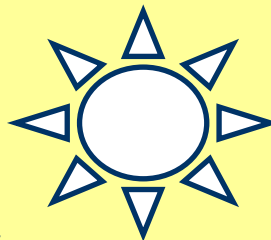
NNS is a collaborative effort of the Newburyport Health Department, YWCA of Greater Newburyport and the Newburyport Learning Enrichment Center. At NNS, we are growing food, community and relationship

with local farmers so that everyone has enough to eat and eats well!

Fresh local produce is available free of charge to those in need throughout the growing season at our Veg Out Farm stands at the Pettengill House on Tuesdays 9 AM-2 PM (must be a registered Pettengill client), the Newbury First Parish Church (20 High Street, Newbury) on Fridays 3 PM-5PM and the Sullivan Building (25 Temple St, Newburyport) date & time TBD. For further details please call the Health Department 978-465-4410 x3 or email us at [nourishthenorthshore@gmail.com](mailto:nourishthenorthshore@gmail.com).

## Sun Safety Program

In response to the Surgeon General's Call to Action to Prevent Skin Cancer, the Health Department has partnered with the Melanoma Foundation of New England to offer several public sun-screen dispensers at the Cashman Park Boat Launch, at the Harbormaster's location, on the Rail Trail and on Plum Island this summer. Dispensers will be supplied with Bright Guard sunscreen, which is safe for all skin types and is free of fragrance, dyes and parabens.



## City of Newburyport Donna D. Holaday, Mayor

### Health Department

Frank P. Giacalone, Director  
978-465-4410

Molly Ettenborough,  
Recycling & Energy Manager  
978-499-0413

Laurel Hanke, Recycling Assistant  
978-499-0413

Patti McAlarney, Office Manager  
978-465-4410

Pamela Palombo, Public Health Nurse  
978-465-4410

Scott Purdie, Animal Control Officer  
978-465-4410



Keeping citizens informed.



## Reducing vehicle idling will cut pollution and save you money

Turn off your ignition if you're waiting more than 10 seconds. Idling for just 10 seconds uses more gas than restarting the engine.

Reduce engine warm-up idling to 30 seconds. Modern engines do not need to be warmed up, even in cold weather. Your vehicle's engine warms twice as quickly when driven, so the best way to warm it up is to drive it. Driving is also the best way to get your vehicle's heating system to deliver warmer air faster.

The Newburyport CODE RED system notifies residents in the event of emergency situations or critical community alerts. To ensure that you receive notifications, go to the City Website at [www.cityofnewburyport.com](http://www.cityofnewburyport.com) and enter your contact information including multiple phone numbers, Text and email addresses.



**Monday**

Beacon Ave.  
Goodwins Ave.  
Guild St.  
Lancaster Rd.  
Lincoln St.  
Lorum St.  
Marlboro St.-  
(both sides)  
Oak St.  
Ocean Ave.  
Pine St.  
Plum Island  
Plum Island Tpke  
Reilly Ave.  
Riverview Dr.  
Shandel Dr.  
South Pond St.  
Union St.  
Water St.-  
(Ocean to Marlboro)  
Woodwells Ave.

**Tuesday**

Atwood St.  
Beck St.  
Center St.  
Charter St.  
Elbow Lane  
Essex St.  
Fair St.  
Federal St.  
Foster Ct.  
Fruit St.  
Garden St.  
High St.-  
(State to Lime)  
Horton St.  
Independent St.  
Lime St.-  
(Milk to High)  
Liberty St.-  
(Fair to Center)  
Middle St.-  
(Center to Federal)  
Milk St.-  
(Lime to Federal)  
Orange St.  
Otis Pl.  
Pike St.  
Prospect St.  
(Lime to State)  
School St.  
Ship St.  
Smith St.  
Spring St.  
Temple St.  
Tremont St.  
Water St.-  
(Lime to Center)  
Wills Lane

**Wednesday**

Atkinson Ct.  
Atkinson St.  
Boardman St.  
Broad St.  
Buck St.  
Caldwells Ct.  
Carter St.  
Congress St.  
Currier's Ct.  
Cutters Ct.  
Dove St.  
Eagle St.  
Elm St.  
Griffin Ct.  
High St. (even #s,  
Woodland to Winter)  
Kent St.  
Lafayette Ct.  
McKay's Wharf  
Manson Ave.  
Mechanic Ct.  
Merrill St.  
Merrimac St.  
(Oakland to Winter)  
Munroe St.  
Oakland St.  
(both sides)  
Ocean St.  
Olive St.  
Papanti Ct.  
Plum St.  
Pop Crowley Way  
Russia St.  
Strong St.  
Tyng St.  
Warren St.  
Washington St.-  
(Winter to Kent)  
Whites Ct.  
Winter St.

**Thursday**

Adam St.  
Ashland St.  
Ashland Ct.  
Beacon St.  
Butler St.  
California St.  
Carleton Dr.  
Chapel St.  
Christopher St.  
Coffin St.  
Collins St.  
Coolidge St.  
Currier's Landing  
Dawes St.  
Dexter St.  
Forrester St.  
High St. (even #s-  
Woodland to Plummer)  
Howard St.

Jackson St.  
Jefferson Ct.  
Jefferson St.  
Lancey Ct.  
Magnolia St.  
Maple St.  
Merrimac Ct.  
Merrimac St.-  
(Plummer to Oakland)  
Parker Ridge Way  
Payson St.  
Plummer Ave.  
River St.  
Savory St.  
Stanley Ave.  
Union Pl.  
Upland Rd.  
Walnut St.  
Willow Ave.  
Woodland St.

**Friday**

**DOWNTOWN \*\***  
Anderson Ln.  
Bartlett Dr.  
Bayberry Rd.  
Bradbury Ln.  
Bourbeau Terr.  
Berry Dr.  
Chatigny Ln.  
Circle Rd.  
Crow Ln. West  
Cross Rd.  
Dennett Dr.  
Elizabeth Ln.  
Everett Dr.  
Francis Dr.  
Finnegan Way  
Goldsmith Dr.  
Hale St.-  
(West of 95)  
Hawthorne Rd.  
Henderson Cir  
Hyview Dr.  
Knights Ln.  
Lt. Leary Dr.  
LaValley Ln.  
Longfellow Dr.  
Marquand Ln.  
Melvin Ct.  
Newhall Ln.  
Peters Rd.  
Plummer Spring Rd.  
Storey Ave.  
(south side only)  
Storeybrooke Rd.  
Turkey Hill Rd.  
Short St.  
Virginia Ln.  
Wandover Way  
Windward Dr.

**Monday**

Allen St.  
Alter Court  
Barton Court  
Barton St.  
Bromfield Court  
Bromfield St.  
Charles St.  
Chase Court  
Chestnut St.  
Coffins Court  
Franklin St.  
Hancock St.  
High St.  
(Lime to City Line)  
Harrison St.  
Leavitt Court  
Lime St.-  
(Milk to Water)  
Lunt St.  
Madison St.  
Milk St.-  
(Lime to Bromfield)  
Neptune St.  
Parsons St.  
Prospect St.-  
(Bromfield to Lime)  
Purchase St.  
Salem St.  
Somersby Court  
Water St.-  
(Lime to Marlboro)

**Tuesday**

Auburn St.  
Birch St.  
Boylston St.  
Bricher St.  
Brown St.  
Carey Ave.  
Central Place  
Cherry St.  
Cottage Court  
Court St.  
Dalton St.  
Fulton St.  
Green St.-  
(Pleasant to High)  
Greenleaf St.  
Harris St.  
High St.-  
(State to Rt 1)  
Hill St.  
Hillside Ave.  
Market St.  
Park St.  
Parker St.-  
(Back of Lunt & Kelly)  
Pleasant St.-  
(Titcomb to Summer)  
Pond St.  
Quill St.  
Railroad Street  
State St.-  
(Prince/Temple to  
Lunt & Kelly)  
Summer St.  
Titcomb St.-  
(Brown to Washington)  
Vernon Court  
Vernon St.  
Washington St.-  
(Green to Summer)  
Wills Lane

**Wednesday**

Arlington St.  
Charmanski Dr.  
Coltin Dr.  
Columbus Ave.  
Court Farm Lane  
Dexter Lane  
Doe Run Dr.  
Farrell St.  
Fox Run Dr.  
Graf Road-  
(Corner w/Parker St.)  
Hale St.-  
(Low St. to RT 95)  
High St. (Columbus to  
Rt 1, Odd #s)  
Highland Ave.  
Hunter Dr.  
Johnson St.  
Lafayette St.  
Lois St.  
Low St.-  
(Rte 1 to N. Atkinson)  
Margerie St.  
McCintock Ave.  
Parker St.-  
(Corner w/Graf Road)  
Pheasant Run Dr.  
Quail Run Hollow  
Rawson Ave.  
Rawson Hill Road  
RiverValley Charter  
Squires Glen  
Summit Place  
Sylvester St.  
Tilton St.  
Toppans Lane  
Wildwood Dr.  
Wilkinson Dr.  
Wilson Way  
Zabriskie Dr.

**Thursday**

Alberta Ave.  
Avon Ave.  
Bayne Lane  
Belcher St.  
Bowlen Ave.  
Boyd Dr.  
Bridge Lane  
Brissett Ave.  
Brooks Court  
Chain Bridge Dr.  
Chaisson Road  
Charron Dr.  
Chase St.  
Christie Dr.  
Clark Rd.  
Collins Farm Road  
Coombs Circle  
Colby Farm Lane  
(formerly Crow Lane)  
Cushing Ave.  
Cutting Dr.  
Donor Dr.  
Dorothy Lucey Dr.  
Elmira Ave.  
Erie Ave.  
Ferry Road-  
(Boyd to Famous Piz.)  
Garnet St.  
Garrison Circle  
Golden Dr.  
Gove Dr.  
Harding Ave.

Hardy Ave.  
Hardy St.  
Hart Road  
High St.- (Odd #s,  
Columbus to Park Circle)  
Highlawn Terrace  
Hope Ave.  
Horton Terrace  
Iona St.  
Lawton Dr.  
Low St.-  
(N. Atkinson to Storey)  
Marshview Way  
Menut Circle  
Merrimac St.-  
(Plummer to Spofford)  
Moseley Ave.  
Moseley Place  
Moulton St.  
Murphy Ave.  
Myrtle Ave.  
New St.  
Noble St.  
Norman Ave.  
North Atkinson St.  
Park Circle  
Pipers Quarry  
Roosevelt Place  
Simmons Dr.  
Spofford St.  
Stickney Ave.  
Storey Ave.- (Between  
Famous Pizza and Noble)  
Tracy St.  
Truman Way  
Twomey Drive  
Williamson Ave.

**Friday**

**DOWNTOWN \*\***  
Artichoke Terrace  
Azalea Road  
Birch St.  
Bridge Lane  
Briggs Ave.  
Brown Ave.  
Clipper Way  
Curzon Mill Road  
Curzondale Court  
Daniel Lucy Way  
Drew St.  
Ferry Rd  
(Spofford to Pine Hill)  
Fenders Ave.  
Foot Ave.  
Hallissey Dr.  
Hoyt's Lane  
Jones Dr.  
Laurel Road  
Lucey Drive  
Morin Road  
Old Ferry Road  
Phillips Dr.  
Pine Hill Road  
Plant St.  
Richardson Path  
Russell Terr. & Ext  
Ryan Road  
Spring Lane  
State St.-  
(Water to Prince/Temple)  
Sullivan Dr.  
William Hall Dr.  
Witcomb Lane  
Woodman Way

**\*\*Downtown District\*\***

Center (Middle to Liberty)  
Green St. (Pleasant to Merrimac)  
Hales Court  
Inn St.  
Liberty St. (Center to State)  
Middle St. (State to Center)  
Pleasant St. (State to Titcomb)  
Prince Place  
Titcomb (Merrimac to Pleasant)  
Tracey Place  
Unicorn St.  
State St. (Water to Prince/Temple)  
Water St. (Titcomb to Center)

# 2018-2019 Solid Waste & Recycling Collection Calendar

H= Holidays R= Recycling Drop Off L=Bagged Leaf Collection  
 HW= Household Hazardous Waste Day & Paper Shredding (Colby Farm Lane on Sept. 22)

**July**

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2	3	4 H	5	6	7 R	A
8	9	10	11	12	13	14	B
15	16	17	18	19	20	21	A
22	23	24	25	26	27	28	B
29	30	31					A

**August**

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1	2	3	4 R	A
5	6	7	8	9	10	11	B
12	13	14	15	16	17	18	A
19	20	21	22	23	24	25	B
26	27	28	29	30	31		A

**September**

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1	A
2	3 H	4	5	6	7	8	B
9	10	11	12	13	14	15	A
16	17	18	19	20	21	22 HW	B
23	24	25	26	27	28	29	A
30							B

**October**

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1	2	3	4	5	6	B
7	8	9	10	11	12	13 R	A
14	15	16	17	18	19		B
21	22	23	24	25	26	27	A
28	29	30	31				B

**November**

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				1	2	3 R/L	B
4	5	6	7	8	9	10	A
11	12	13	14	15	16	17 L	B
18	19	20	21	22 H	23	24	A
25	26	27	28	29	30		B

**December**

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1 R	B
2	3	4	5	6	7	8 L	A
9	10	11	12	13	14	15	B
16	17	18	19	20	21	22	A
23	24	25 H	26	27	28	29	B
30	31						A

**January**

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1 H	2	3	4	5 R	A
6	7	8	9	10	11	12	B
13	14	15	16	17	18	19	A
20	21	22	23	24	25	26	B
27	28	29	30	31			A

**February**

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					1	2 R	A
3	4	5	6	7	8	9	B
10	11	12	13	14	15	16	A
17	18	19	20	21	22	23	B
24	25	26	27	28			A

**March**

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					1	2 R	A
3	4	5	6	7	8	9	B
10	11	12	13	14	15	16	A
17	18	19	20	21	22	23	B
24	25	26	27	28	29	30	A
31							B

**April**

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1	2	3	4	5	6 R	B
7	8	9	10	11	12	13	A
14	15	16	17	18	19	20	B
21	22	23	24	25	26	27 L	A
28	29	30					B

**May**

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1	2	3	4	B
5	6	7	8	9	10	11 L	A
12	13	14	15	16	17	18	B
19	20	21	22	23	24	25	A
26	27 H	28	29	30	31		B

**June**

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1 R	B
2	3	4	5	6	7	8	A
9	10	11	12	13	14	15	B
16	17	18	19	20	21	22	A
23	24	25	26	27	28	29	B
30							A

## Trash & Recycling

Trash collection is weekly. Recycling is collected every other week on your regular trash collection day, see A or B week on street listing page.

## Holiday Schedule

Holidays are denoted with an H. Whenever a scheduled collection day falls on a holiday below, that day's collection and all remaining collections for the week will be delayed one day; Friday's collection will be on Saturday.

The only exception is the Downtown area which will remain on Fridays during holiday weeks.

There are six observed holidays in the 2018-2019 collection year: Independence Day, Labor Day, Thanksgiving, Christmas, New Year's Day and Memorial Day.

### MISSED TRASH OR RECYCLING PICK UP?

Call: 978-352-8581

Email: [newburyport@mellodisposal.com](mailto:newburyport@mellodisposal.com)